

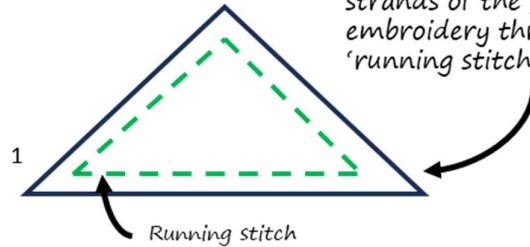
Make your own Christmas Sweater

A sweater doesn't just have to be for Christmas, instead of buying a sweater that will only be used for a couple of days why not decorate your favourite sweater and when Christmas is over simply take the decorations off?

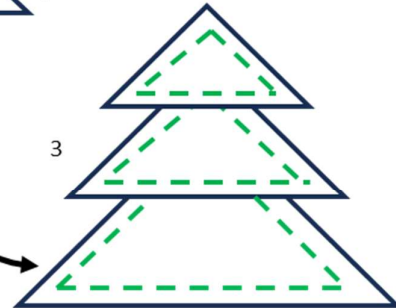
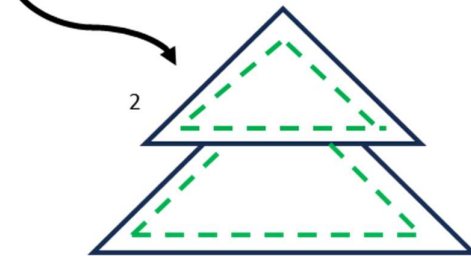
You will need:
Sewing needle
Embroidery thread

Stitches used:
Running Stitch
French Knot

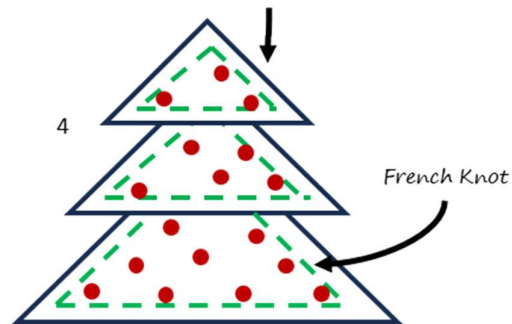
1 Start by sewing on the biggest triangle using 3 strands of the green embroidery thread and 'running stitch'.



2 & 3 Then put the middle triangle on top so it slightly overlaps the previous triangle and finish with the smallest on top of the tree.



4 Finally to decorate add beads, or small buttons or use 3 strands of the red embroidery thread to create 'French knots' to create the x-mas baubles



Embroidery thread consist of 6 individual strands - we have used 3 strands for this project - just google 'how to split embroidery thread' to see how